



**2024 Spring Conference Confirmation
April 19-21st 2024**

16 CE hrs for only \$349.00

Before April 1st

Rate increase after april 1st to \$399.00

Non TMTA members must join TMTA for \$20 first before they can attend the event.

Friday April 19th

Title: 3pm-5pm 2hrs Ethics with Dee Vickers
5pm-7pm 2hrs TN Law with Maj-Lis Nash

These two classes will be offered onsite in our conference room **OR** you can attend via zoom in case you can't make it to the site until late Friday or early Saturday. Zoom is for these 4 hrs only, no exceptions.

Saturday April 20th

Title: Less Thumbs, More Prosperity [6 CEs]

This course offers a unique approach to spreading out the wear and tear of doing bodywork by utilizing many different parts of the hand and arm to perform massage. This class will change how you do bodywork and help to prolong your bodywork career. Learn to be confident and familiar with other structures besides just the thumb for doing bodywork and get lots of hands-on time to practice!

| | |
|----------------------------|--------------------------------|
| Class | 8:30am-11:30am |
| TMTA MEMBERSHIP MEETING | 11:30-12:30 Your Vote Matters! |
| Lunch with US is provided | 12:30-1:30pm |
| Class | 1:30-4:30 |
| Dinner served and included | 6pm-whenever we finish |

Sunday April 21st

Title: Efficient Body Mechanics for Bodywork [6 CEs]

This is not your typical body mechanics course. We will be taking principles from Tai Chi and applying them directly to performing massage. We will spend the majority of the time practicing how to apply these techniques to bodywork by actually doing bodywork. This course will show you ways to perform bodywork that take the strain off of your back and arms. We will utilize the principles of movement from Tai Chi to do more work with less effort. These concepts and techniques can be incorporated into your practice immediately.

| | |
|---------------------------|----------------|
| Class | 8:30am-11:30am |
| Lunch with US is provided | 11:30-12:30pm |
| Class | 12:30-3:30pm |

Supplies needed:

- ☐ Massage Table & Bolsters
- ☐ 2 Full sets of massage sheets (one for each day)
- ☐ Short, Clean, smooth fingernails
- ☐ Bathing suit for easier trade out switching
- ☐ Comfortable clothes to give massage in & receive in
- ☐ Lotion.Cream or oil you are comfortable with
- ☐ Pen, Notebook for taking notes
- ☐ Socks/Sweater as conference rooms can get chilly

WHERE: [Pickwick Landing State Park](#)

116 State Park Rd, Counce, TN 38326

[\(888\) 867-2757](tel:(888)867-2757)

Make sure to ask for the group rate for TN Massage Therapist Association
A 2 room king suite should be \$149.00 for our members while available
USE CODE 7844 and book online!

Camping is available while sites last, there is no discount code for camping. Call 731-689-3129 to book your site ASAP.

REGISTER BY CLICKING THIS LINK

Please allow 3-5 days for your confirmation notice to arrive